

BESHARA SCHOOL at the Chisholme Institute

CHISHOLME HOUSE . ROBERTON . HAWICK . SCOTTISH BORDERS . TD9 7PH . UK

E-MAIL: secretary@beshara.org WEBSITE: www.beshara.org

Tel: +44(0)1450 880215 Fax: +44(0)1450 880204



Mindfulness Weekend Modules 2012

3 Modules Booking Form

Full Name inc. Title:		
Full Address inc. Postcode:		
Date of birth:	Phone:	Mobile:
Email:		

Nationality:

Module (1) Feb 11th - 12th	estimated arrival time:
	estimated departure time:
Module (2) March 17th - 18th	estimated arrival time:
	estimated departure time:
Module (3) April 21st- 22 nd	estimated arrival time:
	estimated departure time:
How did you find out about the course?	

It is recommended to attend all three modules

The course fee includes accommodation for two nights (Friday and Saturday) and all meals.

Course fee: £150 per weekend module or £100 per weekend if non-residential

Methods of Payment:

Specify the one you will use and mark All course fees to be paid in advance of each weekend

1) Cheque: pay ' The Chisholme Institute' and send to the Secretary at the above address.

2) Bank transfer: can be arranged with the secretary. []contact: secretary@beshara.org

3) Credit/debit card: payments can be taken over the phone. [] +44(0)1450 880215 between the hours of: 09:30 -12:30, 14:30 -16:00 and 16:30 -19:00.

Concessions can be made available for people on low incomes.

If you have any queries regarding finance please contact the Secretary prior to arrival.

The Beshara School is accredited by the British Accreditation Council for independent further and higher education. The Beshara School at the Chisholme Institute is the operating name of The Chisholme Institute, which is a registered Scottish Charity, number SC008147 and a company limited by guarantee registered in Scotland, company number SC69001. Its registered office is Chisholme House, Roberton, Hawick, Scottish Borders, TD9 7PH United Kingdom



Additional Information

Courses:

Arrival day for those travelling to Chisholme is on Friday afternoon or early evening, ideally by 6pm. The course begins the following morning and the course will end after lunch on Sunday. Public transport is limited on Sundays so if you wish to stay an additional night (before or after the course) please arrange this in advance with the secretary. For travel information, public transport connections or any further information, also contact : secretary@beshara.org Tel: +44(0)1450 880 215

Accommodation:

is in a converted farm steading which is a short walk from the main house. Rooms are dormitory style, sharing with up to 3 people. Single room accommodation is limited but in special circumstances may be available if pre-arranged with the secretary. All linen is provided including towels.

IT facilities:

internet access, wifi, but no mobile phone signal.

Bring indoor and suitable outdoor clothing for the Scottish weather.

Special needs including dietary or otherwise ? please specify:

Date:

Return one booking form per person by email to: secretary@beshara.org or post it to:

The Secretary,
Beshara School,
Chisholme House,
Roberton,
Hawick,
Scottish Borders, TD9 7PH
United Kingdom

For any other information please contact: secretary@beshara.org Tel: +44(0)1450 880 215

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